

Aromatherapy Massage

1 Hour

£45.00

Aromatherapy massage is the use of essential oils with massage techniques to improve physical and emotional well-being. Essential oil, extracted from plants, possess distinctive therapeutic properties, that are blended with a carrier oil and used to improve health and stimulate the body's own healing mechanisms.

Luxury Back Treatment

45 Minutes

£35.00

Organic exfoliation to cleanse and revitalise the skin, followed by a moisturising hot stone massage with specially selected essential oils to remove any deep knots and ease tension.

Luxury Manicure or Luxury Pedicure

1 Hour

£35.00

Refine and revitalise hands/feet with a gentle exfoliation, cuticle work, nail shaping, hydrating massage and a nail polish application. A choice of either a full manicure or full pedicure.



*relax &
pamper*

BOURNE HALL COUNTRY HOUSE HOTEL & RESTAURANT

TEL: 01983 862820

info@bournehallhotel.co.uk

www.bournehallhotel.co.uk

**BEAUTY THERAPIES & TREATMENTS
AT BOURNE HALL**